

Treatment Instructions for Topical Chemotherapy Creams:

*Efudex (Fluorouracil), Aldara or Zyclara (Imiguimod), Carac or Picato







(Forearms & hands) 5%cream

(Scalp) 5% cream

(Face) 2% solution

Please be advised that when using any of the above prescribed topical creams, reactions WILL VARY based on the severity of the sun damage that your skin has produced.

Directions for application of cream:

Step 1: Apply a thin layer of topical cream to the affected areas as prescribed by your provider.

Step 2: While healing- Apply AQUAPHOR healing ointment liberally (Keep it in the refrigerator to soothe). For more intense reactions, occasionally an anti-inflammatory cream like (Triamcinolone cream) will be given to use twice/daily for 1 week to remove remaining redness. **NOTE:** This Step will vary depending on the product you were prescribed (not indicated with use of Aldara, Zyclara or Picato)

*Please note-It is normal to experience the following affects from the medication:

-Scabbing/Scaling

-Tenderness/Sensitivity

-Draining (weeping)

-Swelling -Redness

-Sores/Blistering

-Dryness

*Any signs/symptoms of an infection may result in fever, nausea, and fatigue. Please discontinue product and call our office if this occurs.

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